





# **Cambridge Cycling Club**

presents the Start Sheet for

## 'The Viking 50'

#### BBAR & East Anglian VTTA Championship combined 50 mile TTs

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Course F2/50 Saturday, June 22nd, 2024 Starts at 1:01pm

Event Organiser: Chris Dyason, 2 Primes Corner, Histon, Cambridge CB24 9AG

cdyason@hotmail.com 07970-093019

Timekeepers: Tim Groves, Martyn Anderson

Headquarters: The Hub Community Centre, High Street, Great Cambourne, CB23 6GW

Course: Start at paint mark about 25 yards short of expansion joint in road surface of

bridge where St Neots Road crosses over A428 dual carriageway just west of Highfields Caldecote. Proceed eastwards straight over (1st exit) Caldecote RAB

to Hardwick RAB where sharp left, 1st exit, onto A428 westbound. Pass

Cambourne junction to

TURN (5.4 miles) at Caxton Gibbet RAB and retrace A428 eastbound passing Cambourne and Hardwick junctions to exit at slip to Madingley RAB (signed Cambridge) **NOTE: NO MARSHAL HERE but THERE WILL BE CTT ARROWS**. At the roundabout take 4th exit to A428 westbound. Continue past Hardwick and

Cambourne junctions to

TURN (18.0 miles) at Caxton Gibbet RAB, then repeat via Madingley RAB onto

third lap to

TURN (30.6 miles) at Caxton Gibbet RAB, then repeat via Madingley RAB onto

fourth lap to

TURN (43.2 miles) at Caxton Gibbet RAB, then return to Madingley RAB, but TAKE THE 3rd EXIT (the one before the A428 slip) onto St Neots Road to FINISH 0.6 miles along St Neots Road 20 yds after Hardwick 40mph sign.

PLEASE READ the course details. Note that 4th time at Madingley roundabout, when you will have done

over 49 miles, you leave earlier to go to the finish. There will be a yellow sign at

the relevant point showing the laps/finish routes.

HQ to start: Just over 3 miles of flat road. The route will be signed.

Finish to HQ: Continue on past the finish and follow St Neots Road past the start to

Cambourne. Do not use the A428. The 5 mile route will be signed.

Parking: The HQ has a car park at the rear. Nearer the start there is abundant space

along the verges of St Neots Road between Cambourne and the start. No

parking on the road near the start or finish.

Warming up: No warming up along the course by competitors once the event has started. No

U-turns in view of the start or the finish. St Neots Road between Cambourne

and the start area is ideal for warming up.

Lights and helmets: Working front and rear lights are compulsory, as is a cycling helmet.

Without complying with these requirements, riders cannot start.

Numbers: Will be at the HQ an hour before the first start. When you return your

number and sign out you will get a free cuppa. Cakes will be available and all receipts will be donated to the two local Air Ambulance charities. You

may need their help one day, so be generous!

The Viking Road Club Open 50 was one of the classic Essex time trials reliably producing fast times from top riders on the Southend Road and later on the A12. Sadly the event had its last running in the 1990s and in 2017 the Viking Road Club was disbanded. Cambridge CC resurrected the classic event and the history continues.

### **PRIZES** (all riders are in the Viking 50 BBAR event)

Fastest	£40	Fastest female	£40
2 <sup>nd</sup>	£30	2 <sup>nd</sup>	£25
3 <sup>rd</sup>	£25	3 <sup>rd</sup>	£15
4 <sup>th</sup>	£20		
5 <sup>th</sup>	£15		

Fastest rider overall to hold The Viking Trophy for a year.

Fastest road bike (must be compliant) £20

1 <sup>st</sup> man 'Age Adjusted'	£40	1 <sup>st</sup> female 'Age Adjusted'	£40
2 <sup>nd</sup>	£30	2 <sup>nd</sup>	£25
3 <sup>rd</sup>	£25	3 <sup>rd</sup>	£15
4 <sup>th</sup>	£20		
5 <sup>th</sup>	£15		

Fastest club team of 3 £20 each 2<sup>nd</sup> fastest team of 3 £10 each

Apart from the team awards, limit one money prize per rider.

#### East Anglian VTTA Championship 50 – EA VTTA members only:

1st man and 1st female on Age Adjustment jointly hold The Syd Parkinson Cup for a year

POTHOLES. There is currently one pothole to avoid, about 1/3 mile after the end of the slip road from Madingley roundabout. There will be a warning sign and yellow painted V-shapes on the road. Avoid the Vs and you'll avoid the hole. See the notice when signing on.

### Cambridge CC 'The Viking 50' + VTTA EA Group Championship Course F2/50 - June 22, 2024

No.	Start	Name		Club	Cat	Age	Bike	Age Adj.
1	13:01	John J	Murphy	Gloucester City Cycling Club	V	84	TT	42:03
2	13:02	Dawn	Donaldson	St Neots CC	FV	50	TT	14:44
3	13:03	Liffey	Daniels	FTP ( Fulfil The Potential ) Race Team	FS	38	TT	
4	13:04	Amy	Sole	Full Moo Cycling	FV	50	TT	14:44
5	13:05	Pamela	Moore	Coalville Whs	FV	57	TT	18:08
6	13:06	Jill	Bartlett	Hounslow & District Whs	FV	64	TT	25:23
7	13:07	Mike	Bishop	Cambridge Triathlon Club	V	52	TT	4:30
8	13:08	Judy	Reid	Icknield RC	FV	64	TT	25:23
9	13:09	Andrea	Winkless	Coalville Whs	FV	53	RB	15:51
10	13:10	Paul	Wright	Army Cycling	V	56	TT	6:55
11	13:11	Gary	Freer	Team Trident	V	44	RB	1:02
12	13:12	Gary	Tuskin	Poole Wheelers Cycling Club	V	56	TT	6:55
13	13:13	Ivana	Prokopova	North Road CC	FV	48	TT	14:11
14	13:14	John	Capel	Coalville Whs	V	53	TT	5:04
15	13:15	Chris	Symonds	North Road CC	V	50	TT	3:28
16	13:16	Paul	Wyatt	Shaftesbury CC	V	51	TT	3:58
17	13:17	Chris	Sidney	Coalville Whs	V	40	RB	0:00
18	13:18	Deborah	Coyle	Shaftesbury CC	FV	48	TT	14:11
19	13:19	Richard	Mellor	Team Bottrill	V	55	RB	6:16
20	13:20	Cris	Coxon	Brighton Mitre CC	V	47	TT	2:08
21	13:21	Hannah	O'Brien	Loose Cannon's Conditioning	FV	47	TT	13:58
22	13:22	Matthew	Fox	Watford Velo Sport	V	47	TT	2:08
23	13:23	Shay	Giles	Thanet RC	V	79	TT	32:18
24	13:24	Sarah	Kelman	St Ives CC	FV	53	TT	15:51
25	13:25	Peter	Richards	Icknield RC	V	60	TT	9:47
26	13:26	Joy	Payne	VTTA (London & Home Counties)	FV	67	TT	30:19
27	13:27	Deborah	Sheridan	a3crg	FV	67	TT	30:19
28	13:28	Steve	Cornish	St Ives CC	V	68	TT	17:12
29	13:29	Billy	McCafferty	Velo Club Long Eaton	S	34	TT	
30	13:30	John	Golder	Chelmer CC	V	71	TT	20:39
31	13:31	Mark	Read	Dulwich Paragon CC	V	52	TT	4:30
32	13:32	Sarah	Matthews	a3crg	FV	64	TT	25:23
33	13:33	Barrie	Whittaker	Lyme Racing Club	V	67	TT	16:08
34	13:34	Mark	Morgan	Coalville Whs	V	64	TT	13:12
35	13:35	Tom	McGhie	Team Skipper	V	42	TT	0:28
36	13:36	John	Watson	Hitchin Nomads CC	V	58	RB	8:17
37	13:37	Chris	Knight	Team Trident	V	58	TT	8:17
38	13:38	Rob	Vessey	a3crg	V	61	TT	10:35
39	13:39	Chris	Spray	Ratae RC	V	57	TT	7:35
40	13:40	William	Webb	CC Ashwell	V	57	TT	7:35

No.	Start	Name		Club	Cat	Age	Bike	Age Adj.
41	13:41	Chris	Owen	Cambridge CC	S	38	RB	
42	13:42	Nick	Giles	Pocomotion Road Club	V	65	RB	14:08
43	13:43	Matthew	Cook	Bedfordshire Road RT	V	53	TT	5:04
14	13:44	Duncan	Godfrey	Team Trident	V	46	TT	1:44
45	13:45	Samuel	Robinson	Ashford Whs	S	35	TT	
6	13:46	Chris	Cummings	Fenland Clarion CC	S	37	TT	
47	13:47	John	Hyde	Velo Club St Raphael	V	53	TT	5:04
18	13:48	Simon	Lovelock	Team Skipper	V	40	TT	0:00
49	13:49	Steve	Clarke	TMG Horizon Cycling Team	V	69	TT	18:18
0	13:50	Peter	Tomlin	North Hampshire RC	V	67	TT	16:08
51	13:51	Philip	Jones	Peterborough CC	V	65	TT	14:08
52	13:52	Mark	Jones	360cycling	V	46	TT	1:44
3	13:53	James	Wood	West Suffolk Wheelers	V	61	TT	10:35
4	13:54	Joanna	Cebrat	360cycling	FV	45	TT	13:36
55	13:55	Adrian	Gower	Hitchin Nomads CC	V	61	TT	10:35
6	13:56	Tim	Baggs	Sherwood CC	V	54	TT	5:39
57	13:57	Gregory	Woodford	Reading CC	V	63	TT	12:18
8	13:58	Lara	Franklin	Stowmarket & District CC	FS	32	TT	
59	13:59	Michael	Wills	Team Lutterworth Cycle Centre	V	65	TT	14:08
60	14:00	Robert	Barker	Kettering CC	V	51	TT	3:58
1	14:01	Gary	Pamment	CC Sudbury	V	53	TT	5:04
52	14:02	Nat	Orpen-Palmer	Dulwich Paragon CC	S	37	TT	
3	14:03	Andrew	Halliday	Westerley Cycling Club	V	52	TT	4:30
4	14:04	Michael	Martin	CC Ashwell	V	59	TT	9:01
5	14:05	lan	Braybrook	Basildon CC	V	49	TT	3:00
6	14:06	Louise	Robinson	Shaftesbury CC	FV	47	TT	13:58
7	14:07	Chris	Shaw	Fenland Clarion CC	V	61	TT	10:35
8	14:08	Thomas	Pfeiffer	Dulwich Paragon CC	V	53	TT	5:04
69	14:09	Richard	Tully	Elite Cycling	V	47	TT	2:08
70	14:10	Kim	Barfoot-Brace	Team Bottrill	FV	43	TT	13:19
71	14:11	Peter	Cottington	Bath Cycling Club	V	62	TT	11:25
72	14:12	Simon	Brace	Bath Cycling Club	V	50	TT	3:28
73	14:13	Jez	Willows	Sherwood CC	V	59	TT	9:01
74	14:14	Ed	Tarelli	Race Hub	V	52	TT	4:30
75	14:15	Mark	White	Mark White Coaching RT	V	54	TT	5:39
'6	14:16	Dan	Jenkins	Hart Performance Coaching	V	56	TT	6:55
77	14:17	Daniel	Legg	North Hampshire RC	V	54	TT	5:39
78	14:18	Abid	Hussain	Icknield RC	V	48	TT	2:33
79	14:19	John	Manlow	Ely & District CC/B&T Motor Repairs	V	55	TT	6:16
30	14:20	Philip	Wilkinson	Rockingham Forest Wheelers	V	51	TT	3:58
31	14:21	Roger	Sheridan	North Devon Velo	V	63	TT	12:18
32	14:22	David	Ackerley	Stowmarket & District CC	V	45	TT	1:22
33	14:23	Jeff	Roberts	High Wycombe CC	V	59	TT	9:01
34	14:24	Mark	Woolford	ZeroBC Race Team	V	58	TT	8:17
	<u> </u>	Alan	Spurden	Army Cycling	V	56	TT	6:55

No.	Start	Name		Club	Cat	Age	Bike	Age Adj.
86	14:26	Colin	Parkinson	South Western Road Club	V	62	TT	11:25
87	14:27	Daniel	Ryan	North Road CC	V	40	TT	0:00
88	14:28	Steven	Cottington	Bath Cycling Club	V	62	TT	11:25
89	14:29	Sam	Straw	ADDFORM Vive Le Velo	S	34	TT	
90	14:30	Lloyd	Chapman	Loose Cannon's Conditioning	S	34	TT	
91	14:31	Stefan	Gloyn	Army Cycling	S	39	TT	
92	14:32	Peter	Main	34 Nomads CC	V	58	TT	8:17
93	14:33	Christian	Geldard	FTP ( Fulfil The Potential ) Race Team	V	49	TT	3:00
94	14:34	Matthew	Uttley	Nottingham Clarion CC	V	49	TT	3:00
95	14:35	Mark	Redwood	Velo Club Long Eaton	V	50	TT	3:28
96	14:36	Tom	Wade	Cambridge University CC	S	26	TT	
97	14:37	Andrew	Wenham	Shaftesbury CC	V	48	TT	2:33
98	14:38	John	Brearley	ADDFORM Vive Le Velo	S	36	TT	
99	14:39	Jonathan	Durnin	Welland Valley CC	V	52	TT	4:30
100	14:40	Emily	Martin	Team Bottrill	FS	34	TT	
101	14:41	Mark	Hamer	Legato Racing Team (LRT)	V	49	TT	3:00
102	14:42	David	Glossy	Elysium Kalas Race Team	V	51	TT	3:58
103	14:43	Leon	Marshall	Royal Navy Cycling (RNC)	V	44	TT	1:02
104	14:44	Peter	Harding	Chelmer CC	V	43	TT	0:44
105	14:45	Karl	Norris	360VRT	V	53	TT	5:04
106	14:46	Lee	Williams	FTP ( Fulfil The Potential ) Race Team	S	39	TT	
107	14:47	Timothy	Welsh	Cambridge CC	S	27	TT	
108	14:48	Mat	lvings	Buxton CC/Sett Valley Cycles	V	51	TT	3:58
109	14:49	Nic	Pillinger	St Neots CC	V	46	TT	1:44
110	14:50	David	Parkin	Velotik Racing Team	S	37	TT	
111	14:51	Anthony	Turner	Mickey Cranks Cycling Club	V	53	TT	5:04
112	14:52	Paul	Pardoe	Peterborough CC	V	43	TT	0:44
113	14:53	Hadyn	James	BPC FLOWBIO race team	V	40	TT	0:00
114	14:54	Toby	Williams	Velotik Racing Team	S	31	TT	
115	14:55	Ross	Clarke	TMG Horizon Cycling Team	S	39	TT	
116	14:56	Anthony	Jones	VMCC powered by Y Beic	V	50	TT	3:28
117	14:57	Simon	McNamara	Sigma Sports Race Team	V	49	TT	3:00
118	14:58	Jack	Levick	Rose Race Team	S	27	TT	
119	14:59	Christopher	Mcnamara	Sigma Sports Race Team	V	49	TT	3:00
120	15:00	James	Jenkins	Hart Performance Coaching	S	25	TT	
Reserve	es							
121		Josh	Ibbett	Hunt Bike Wheels.com	S	36	TT	
122		Garret	Fay	Icknield RC	V	48	TT	2:33
123		Ashley	Glass	North Road CC	V	57	TT	7:35
124		Robert	Bumstead	CC Ashwell	V	65	TT	14:08
125		Bruce	Metheringham	North Road CC	V	58	RB	8:17
126		Paul	Williams	Hillingdon Triathletes	V	58	TT	8:17

Reserves waiting - if you won't be starting, please tell organiser ASAP